

A. Introduction: since and for

Pooja is on holiday in Goa. She is there now. She arrived in Goa on Monday. Today is Thursday.

How long **has she been** in Goa?

She **has been** in Goa **since Monday** or **for three days**.

Compare:

- She **is** in Goa now. (*is = present*)
- She **has been** in Goa since Monday. (*has been = present perfect*)

B. Present Simple vs. Present Perfect / Continuous

PRESENT SIMPLE / CONTINUOUS	PRESENT PERFECT / CONTINUOUS (HOW LONG...?)
Rahul and Neha are married.	They have been married for five years. (not 'They are married for five years')
Are you married?	How long have you been married? (not 'How long are you married?')
Do you know Rohan? / I know Rohan.	How long have you known him? / I've known him for a long time.
Aisha lives in Delhi.	How long has she lived in Delhi? / She has lived there all her life.
Amit has a car.	How long has Amit had his car? / He'd had it since April.
I'm learning French.	How long have you been learning French? / I've been learning French for two years.
Sameer is watching TV.	How long has he been watching TV? / He's been watching TV since 5 o'clock.
It's raining .	It's been raining all day.